APPLICATION: 2017 ELITE CAMP

| Name | | | | |
|-----------------|------------|---------------|----------|--|
| Graduation Ye | ar | _ Date of Bir | th | |
| Address | | | | |
| City | | State | Zip | |
| Telephone | | | | |
| Email address | | | | |
| Ht | Wt | | <u>=</u> | |
| School | | | | |
| | nt or Lega | al Guardian | | |
| Insurance Con | npany | | | |
| Policy Number | | | | |
| Insurance Con | npany Ph | one Number | ſ | |
| Policy Holder_ | | | | |
| Policy Holder [| Date-of-B | irth | | |
| | | | | |

Risk Waiver - All camp participants must submit a signed Acknowledgement and Release Agreement prior to attending camp. The waiver should be sent with the registration form by mail.

CAMP TUITION IS: \$300

\$50 is due with application (nonrefundable). Remainder is due by first day of camp.

Payments may be made by cash or check and are accepted by mail. If you wish to pay by credit card, all payments must be made IN PERSON at the Goergen Athletic Center front desk.

MAKE CHECK PAYABLE TO:

University of Rochester Boys' Basketball Camp Luke Flockerzi, Director Goergen Athletic Center PO Box 270296 Rochester, NY 14627-0296 NATIONAL CHAMPIONS
1990
FINAL FOURS
1992, 2002, 2005
ELITE EIGHTS
1991, 2017
SWEET SIXTEENS
1981, 2003, 2004, 2008, 2011

8th ANNUAL



UNIVERSITY of ROCHESTER
MEN'S BASKETBALL
ELITE CAMP

August 12-13, 2017 GRADES 10-12

Men's Basketball 2017 ELITE CAMP

Saturday, August 12th – Noon-8pm Sunday, August 13th – 9am-5pm GRADES 10-12



This camp is geared toward high school basketball players who aspire to play in college. Over the course of the camp there will be four intense sessions run like college basketball practices. The focus of the camp will be on skill development and instruction.

Scrimmages will allow campers to implement newly learned skills.

INSTRUCTION TO INCLUDE:

BALL HANDLING

Using Body / Protecting Ball Developing Off-hand Dribble Moves

PASSING

Passing Angles / Feeding the Post vs. Pressure

DEFENSE

On Ball, Off Ball, vs. Screens Post Defense, Perimeter Defense, Shot-Blocking, Talking Help & Recover vs. Penetration

SCREENING

Setting Screens, Using Screens w/ Dribble, Using Screens w/out Ball

FOOTWORK

Jump-stop and Pivot, Defensive Slides Establishing Post Position, Playing 'BIG' Low/High Post Moves

SHOOTING

Foul-shooting, Off Dribble, Off Pass Off Screens

READING DEFENSES

Attacking Zones, Presses, Mismatches

FAST BREAK

Receiving Outlet-pass, Reading the #'s Decision-making

REBOUNDING

Boxing-Out, Outlet Passing Offensive Rebounding

PLUS: COLLEGE RECRUITING EXPOSURE – COLLEGE COACHES WILL ATTEND, "HOW TO BE RECRUITED" SEMINAR, FINANCIAL AID INTRODUCTION, WEIGHT TRAINING IDEAS, OPTIONAL CAMPUS TOUR (after camp on Sunday).

Instruction will be given by UR staff:

Head Coach Luke Flockerzi and his staff will direct the camp. Flockerzi has led UR to two University Athletic Association



Championships and three NCAA Tournament berths in seven seasons at Rochester. His staff will be joined by other head and assistant college coaches, as well as current and former UR players.

UR teams have appeared in 19 NCAA Tournaments:

National Champions – 1990 National Runner-up - 1992, 2005 Final Four - 1990, 1992, 2002, 2005 Elite Eight – 1991, 2017 Sweet 16 - 1981, 1990, 1991, 1992, 2002, 2003, 2004, 2005, 2008, 2011

FEE: \$300.00

(Practice jersey & one meal per day included). Overnight accommodation information is available online.



The Louis Alexander Palestra



<u>PART I</u> Acknowledgement and Release Agreement

| I, , wish to | participate in the Men's Basketball Elite Can | on (the Activity) offered by University of | f Rochester |
|---|--|---|----------------|
| | , am the paren | | |
| wish to participate in the Men's Basketball Eli | te Camp (the Activity) offered by University of | f Rochester | whom i |
| As a precondition to my participating in the Ac | | | |
| 1. Assumption of Risk. I understand that par | | | ks described |
| in this Activity Detail Form on the reverse si | | | |
| been given the chance to ask questions about | | | |
| Having read this form, I am fully aware of th | | | |
| the Activity. I voluntarily assume full respons | | | |
| sustain as a result of participating in the Acti | | | • |
| trustees, agents, employees or volunteers (the | | | |
| choose do to voluntarily and free of duress. | e Releasees). Tunderstand that Tani not re | equired to participate in the Activity a | and that 1 |
| | of D allowing me to participate in the Activi | ty Lagrag Lyvill not sug the Palansons | and I haraby |
| 2. Liability Release. In consideration for U | | | |
| release and indemnify the Releasees from an | | | |
| whatsoever arising out of any loss, personal i | | | |
| while upon the premises where the Activity i | is being conducted, unless due directly to the | gross negligence or willful miscondu | ict of the |
| Releasees. | | | |
| 3. Statement of Physical Fitness. I state that | | | |
| Activity. I maintain medical insurance that | | | |
| Releasees have not made, nor will make, any | | | |
| relying on my statement of my physical cond | | nt of medical expenses not covered by | my insurance |
| incurred as a result of my participation in the | | | |
| 4. Emergency Medical Treatment. I grant th | | | |
| agree that such action by the Releasees shall | be subject to the terms of this Agreement. I | understand and agree that the Releases | es assume no |
| responsibility for any injury or damage that r | might result from such emergency medical tre | atment. | |
| 5. Governing Law. I agree that this Agreeme | ent and any claim arising from my participat | ion in the Activity shall be construed i | in |
| accordance with the laws of the State of Nev | v York, without regard to its conflict of laws | principles. The courts in Monroe Court | nty shall be |
| the forum for any lawsuits arising from the A | activity or relating to this Agreement. The te | rms of this Agreement shall be severabl | le, such that |
| if a court of competent jurisdiction holds any | term to be illegal or unenforceable, the valid | dity of the remaining portions shall not | t be affected |
| thereby. | | | |
| In the event of an emergency, the emergency contact | t that is listed on my registration form will be conta | cted via phone by a staff member as soon as | possible. |
| ACTIVITY DETAIL FORM | | | |
| Name of Activity: University of Rochester Me | en's Basketball Elite Camp | | |
| Date(s) of Activity: August 12-13, 2017 | • | | |
| Location of Activity: University of Rochester | River Campus and all of the Goergen Athletic | Center | |
| Description of Activity: Basketball Camp gea | | | |
| | | • | |
| Various activities including, but not limited | to: Basketball-related drills and competitions; | Swimming. | |
| By participating in these activities you may be | be exposed to several inherent risks, including | ng but not limited to those listed here: | |
| Physical injury, including but not limited to | | | d tendons, |
| cardiac injury, and even death. These may b | | | |
| in practices, training drills and competitions, | | | . |
| p,, | | | |
| In signing this Agreement, I acknowledge th | at I have read both sides of this Release Ag | reement form, understand it, and agre | ee to be bound |
| by its terms. I further acknowledge that I si | | | |
| Name of Parent or Legal Guardian (printed) | Signature of Parent or Legal Guardian | Phone number where parent/legal | Louardian |
| If participant is younger than 18 years | If participant is younger than 18 years | can be reached in case of emerger | • |
| -J.F | -J F work and to Journey or many 10 years | can be reached in case of emerger | , • |
| Name of Bookining at (min) | C: | | |
| Name of Participant (printed) | Signature | Date | |

THIS IS A RELEASE OF LEGAL RIGHTS. READ AND UNDERSTAND BEFORE SIGNING. (Rev. 4/98)



PART II

University of Rochester Men's Basketball Elite Camp

Rules and Regulations

- 1) The possession or use of alcohol and other drugs, fireworks, guns and other weapons is prohibited.
- 2) Participants may not leave University property or the program without permission of the Program Sponsor.
- 3) No violence by anyone involved with the, including sexual abuse or harassment, will be tolerated. Hazing is prohibited. Bullying, including verbal, physical, and cyber bullying, are prohibited.
- 4) No use of tobacco products.

age.

- 5) Misuse, damage or theft of property is prohibited. Charges will be assessed against those participants who are responsible for damage, theft or misuse of University property.
- 6) Participants must follow all safety rules in accordance with University standards and/or as defined by the program administrator.
- 7) Use of cameras, imaging, and digital devices is prohibited where privacy is expected, such as showers, locker rooms and restrooms.
- 8) By signing this agreement, I declare that I have read, understand, and approve the rules, and wish to participate in the University of Rochester Boys Basketball Camp.

Any participant who is found behaving in direct violation of these rules will be removed from the camp immediately.

In signing this Agreement, I acknowledge that I have read Part II of this Release Agreement form, understand it, and agree to be bound by its terms. I further acknowledge that I sign this Release Agreement voluntarily and I am at least eighteen years of

Name of Participant (printed)

Date

Name of Parent or Legal Guardian (printed)

If participant is younger than 18 years

Emergency Contact Name

Emergency Contact Number

Date

Signature of Parent or Legal Guardian

If participant is younger than 18 years

Emergency Contact Number

(PLEASE DETACH AND KEEP PART III FOR YOUR RECORDS) PART III

Emergency Contact Information

In the event of an emergency during the activity that requires immediate contact of the coaching staff, a participant, or UR Security, please use the contact information listed below to reach the staff members.

Name: Luke Flockerzi Office: 585-275-4306 Cell: 413-478-2340

UR Security - (585) 275-3333

In the event of an emergency (medical, behavioral, disaster, or significant program disruption) during the activity that requires immediate contact of the participant's parent/guardian, the staff will use the emergency the contact name and phone number which were provided by the participant. This information is recorded and filed by the staff as a part of the registration process.